

Don't worry, not all the dishes are spicy,  
I hope you do enjoy your meal and service! Look forward to seeing you again  
Please let me know if there is something I can change or improve. **Nick**

For the Hot Spicy food please let the waiter  
know how you like It  
**HOT MEDIUM MILD**

This menu does change  
We also have some specials on some days!

## STARTER

Soup of the day served with bread (V)	2.95
<b>Gambas &amp; Mushrooms MEDIUM HOT</b>	3.95
Jumbo prawns in garlic with paprika, onions and mushrooms finished with cashew nuts & melted cheese	
<b>Mango Salad</b> with red onion, avocado & peppers (V)	3.95
<b>Strips of Jerk Chicken</b> with fried plantain (£ 4.95 for the large to share)	3.95
<b>Kamba Salad</b> King prawns marinated in pickled escovitch sauce	3.95
<b>Coconut Stuffed Mushrooms (V)</b>	3.55
Combination of coconut, garlic, butter, nutmeg, salt & black pepper then oven cooked.	
<b>Oven Ramiro Pepper MEDIUM HOT</b>	3.95
stuffed with minced beef, scotch bonnet chillies & diced christophene.	
<b>Pan or dip fried squid</b>	4.95
Served on bed of salad with sweet and chilies sauce on side	

## CHICKEN DISHES

<b>Mango Chicken</b> (This dish is not spicy)	8.95
Strips of chicken breast pan fried with sweet peppers, tomato & onion then finished with diced fresh mango. Served with rice	
<b>Yassa Chicken with sweet potato mash</b>	8.95
Baked chicken breast served with a yassa sauce made from onions, thyme, mustard, lemon juice, bay leaves with a dash of vinegar, sweet pepper & fresh scotch bonnet chillies	
<b>Calypso Chicken</b> Chicken breast cooked with mushrooms, onions, cashew nuts, & tangy tamarind sauce. with choice of your side order	8.95

## VEGETARIAN DISHES

<b>Coconut Rundown with rice</b>	7.95
A combination of carrots, christophene, onions, sweet peppers, fresh tomato, courgette, cooked together with garlic, thyme, bay leaves, in creamy coconut sauce. Salad and fried plantain on side	
<b>Vegetable Jambalaya with salad</b>	8.95
A spicy combination of rice, mushrooms, sweet, pepper, carrots, tomato, christophene & halloumi cheese	

## EMBE'S FAVOURITES & CLASSICS

<b>Jambalaya served with salad</b>	9.95
A spicy combination with rice, chicken breast, chorizo, tomato, jumbo prawns, christophene, sweet pepper & carrots	
<b>Jerk Chicken served with rice HOT &amp; TASTY</b>	7.95
Cooked in sauce with vegetables	
<b>Jerk mix of Pork, Lamb &amp; Chicken</b>	8.95
pan fried with sweet pepper, onion, & tomato in jerk seasoning. Served with fried plantain & salad	
<b>Curried Mutton</b> (The best of all curries)	9.95
Diced mutton marinated and cooked in tropical curry spices with ginger, garlic scotch bonnet & fresh coriander. Served with rice or sweet potato mash	
<b>8 Oz Matured Sirloin Piri Piri Steak</b>	12.95
Marinated in garlic & Piri Piri sauce served with sweet potato mash or chips	
<b>Tambi Dish served with baked bread</b>	8.95
Penne pasta, diced chicken, cooked together with mushrooms, onion and garlic tossed in a creamy sauce	

## FISH DISHES £ 8.95

<b>Gambas &amp; Mushrooms with choice of side</b>	
Jumbo Prawns in garlic with paprika, onions and mushrooms, finished with cashew nuts and melted cheese	
<b>Baked Red Snapper with/out head</b>	
Oven baked then finished with embe's fish sauce. Choose your side order included in the price	
<b>Pan Fried Fillet of Tilapia &amp; choice of side</b>	
Finished with spinach, okra & peanut butter sauce	

## EXTRAS & SIDE ORDERS

Fried Plantain Or Fried Cassava	3.95
Sweet Potatoes Mash	3.95
Chips Or Mixed Salad	1.95
embe's Spice rice	2.95
Portion of Rice	1.95
embe's Roasted Vegetables	2.95

All the dishes are full meals but why not try  
some exotic side orders may be plantain or cassava!



The Tastes of  
Africa & the Caribbean

2 Burghley Road. Peterborough. PE1 2QB  
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